

DEEP CLEANING

checklist

SJC

SIMPLY JENS CLEANING

KITCHEN & DINING

- Disinfect countertops & backsplash
- Shine appliances & sink
- Clean hood-range
- Clean microwave inside/out
- Dust on top of fridge & light fixtures
- Clean table & chairs
- Clean cabinet doors (fronts & handles)
- Dust & spot clean glass
- Empty & replace garbage
- Vacuum & Mop floors
- Dust tops of cabinets
- Disinfect sink & polish faucet
- Clean stovetop & control panels
- Clean & disinfect garbage bin (interior & exterior)
- Spot clean walls (grease marks & scuffs within reach)
- Move light appliances & clean underneath
- Clean baseboards

BATHROOMS

- Dust vents & light fixtures
- Clean & disinfect shower, tub & tiles
- Detail shower door, tracks & glass
- Clean & disinfect toilet (inside & behind)
- Disinfect countertops & sinks
- Clean cabinet fronts & handles
- Clean & disinfect garbage bin
- Disinfect light switches & knobs
- Scrub grout & buildup
- Clean mirrors
- Vacuum & mop floors (including corners)
- Clean baseboards



STAIRCASE & HALLWAYS

- Railing & bannister
- Vacuum/wash stairs
- Tidy shoes
- Vacuum mats

LIVING SPACES / BEDROOMS

- Dust walls & remove cobwebs
- Spot clean walls (marks & scuffs within reach)
- Clean vents & light fixtures
- Dust blinds & window sills
- Clean doors & frames
- Disinfect high-touch areas
- Vacuum furniture (remove cushions if possible)
- Vacuum under furniture (if accessible)
- Vacuum corners & edges
- Empty, wipe & disinfect garbage bins
- Clean baseboards
- Vacuum & mop hard floors

LAUNDRY ROOM

- Dust vents & shelves
- Clean washer & dryer exterior
- Clean sink & counters
- Clean cabinet doors
- Clean & disinfect garbage bin (if applicable)
- Disinfect light switches & handles
- Spot clean walls (within reach)
- Vacuum & mop floors

FREE BONUS INCLUDED

CHOOSE ONE:

- Inside Fridge
- Inside Oven



SIMPLY JENS CLEANING

Contact:

<https://simplyjenscleaning.com>
SimplyJensCleaning@gmail.com
@SimplyJensCleaning

Serving Ottawa and the surrounding area.